



Sudan ISD Breakfast Menu

October
2025

Fuel your day with breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30 	1 Banana Chocolate Chip Snack Bread, WG Cheese Stick Choice of Cereal Graham Crackers Fresh Grapes Apple Juice Choice of Milk	2 Breakfast Taco Choice of Cereal Graham Crackers Fresh Apple Orange Juice Choice of Milk	3 Scrambled Egg Whole Grain Toast Bacon Slice Choice of Cereal Graham Crackers Fresh Orange Grape Juice Choice of Milk
6 Glazed WG Donut Choice of Cereal Graham Crackers Fresh Pear Apple Juice Choice of Milk	7 Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	8 Breakfast Sandwich Choice of Cereal Graham Crackers Fresh Grapes Apple Juice Choice of Milk	9 Waffles Syrup Choice of Cereal Graham Crackers Fresh Apple Orange Juice Choice of Milk	10 Breakfast Burrito Choice of Cereal Graham Crackers Fresh Orange Grape Juice Choice of Milk
13 No School	14 French Toast Sticks Syrup Choice of Cereal Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	15 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Fresh Grapes Apple Juice Choice of Milk	16 Easy Egg Bake Whole Grain Toast Choice of Cereal Graham Crackers Fresh Apple Orange Juice Choice of Milk	17 Pancake on a Stick Syrup Choice of Cereal Graham Crackers Fresh Orange Grape Juice Choice of Milk
20 Pancakes Syrup Choice of Cereal Graham Crackers Fresh Pear Apple Juice Choice of Milk	21 Breakfast Sandwich Choice of Cereal Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	22 Blueberry Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Fresh Grapes Apple Juice Choice of Milk	23 Cinnamon Roll Choice of Cereal Graham Crackers Fresh Apple Orange Juice Choice of Milk	24 French Toast Sticks Choice of Cereal Graham Crackers Fresh Orange Grape Juice Choice of Milk
27 Brekkie, WG Choice of Cereal Graham Crackers Fresh Pear Apple Juice Choice of Milk	28 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Fresh Apple Fruit Blend Juice Choice of Milk	29 Banana Chocolate Chip Snack Bread, WG Cheese Stick Choice of Cereal Graham Crackers Fresh Grapes Apple Juice Choice of Milk	30 Breakfast Taco Choice of Cereal Graham Crackers Fresh Apple Orange Juice Choice of Milk	31 Biscuits and Gravy Choice of Cereal Graham Crackers Fresh Orange Grape Juice Choice of Milk

PRICES

Students	Free
Extra Milk	\$0.75
Adults	\$3.10

EXTRA INFO

Choice of Milk: 1% unflavored white or fat free chocolate milk
 For questions or concerns contact: Food Service Director Tonya Draper, tonyadraper@sudanisd.net

HARVEST OF



THE MONTH

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